



Ariel Wellness Floating Room  
53 on Main Road, The Foundation  
Knysna  
0 66 221 2084

### **FLOAT THERAPY INFORMED CONSENT (FIRST TIME FLOATER)**

1. I will NOT use the flotation tank:
  - a. with oils or creams on my body.
  - b. if I have any communicable illness.
  - c. under the influence of drugs or alcohol.
  - d. if I suffer from epilepsy, unless in the opinion of my physician my epilepsy is under medical control so that I am in sufficient control of my seizures not to endanger myself in the flotation tank.
  - e. if I am pregnant unless I have consulted and received permission from my physician.
  - f. if I suffer from diabetes, unless, in the opinion of my physician, my diabetes is under medical control so that I am in sufficient safety to use the flotation tank.
  - g. if I suffer or have suffered from chronic heart disease, unless, in the opinion of my physician, my chronic heart disease is under medical control so that I am in sufficient safety to use the flotation tank.
  - h. if I suffer from or possess any sort of existing ear, nose, eye condition that may be irritated by properties within the float tank mentioned anywhere within this document.
  
2. I further understand that the flotation tank uses:
  - a. Epsom salt (pharmaceutical grade magnesium sulphate).
  - b. a safe amount of hydrogen peroxide used in the filtration process to clean the water, and that some people may experience skin allergies or reactions to such chemicals.
  
3. I also hereby agree to and understand that I shall have consulted with my own physician prior to using the flotation tank if I am currently taking any medication or under a physician's care for any reason.
  
4. Upon using the flotation tank, I absolve Ariel Wellness and its employees and agents from any and all liability in connection with the use thereof whether such loss or damage be direct or indirect.
  
5. I further agree to take full responsibility for my thoughts and actions while floating, the waiver of liability and all agreements made herein shall apply to each use I make of the flotation tank or float room.



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6. I understand that all of my personal possessions shall be secured with myself (alone), locked inside of “the float room” during my personal float session. Any loss or damage to any personal possessions of mine is not the responsibility or liability of Ariel Wellness.
7. I understand that using any self-tanning products or hair colouring must be complete at least one week prior to floating.

### **REQUIREMENTS AND RECOMMENDATIONS**

- Customers are required to shower and wash out any hair products prior to floating.
- Customers are required to use the toilet before floating if required.
- Customers with long hair are required to tie hair back.
- Avoid waxing/shaving on the day of floating to avoid salt/skin irritation.
- Avoid caffeine and heavy foods 1.5 hours prior to floating.
- If a customer contaminates the pool in any way, they will be required to pay the cost of clean-up and refilling the pool with salt.

### **FLOAT ETIQUETTE**

The float room is used for relaxation purposes and needs to remain a quiet, tranquil environment. We kindly request that cell phones are turned off at all times when inside the float rooms. Please make every effort to be respectful and not disturb other clients while floating. Splashing, kicking, talking or other disruptive behaviour is not permitted. You are advised to float in the nude for optimal relaxation, however, wear a costume should you prefer.

### **LATE POLICY**

It is very important that you, the customer, be on time for your appointment. If a scheduled customer is late, please understand that this session may be shortened to avoid booking conflicts with the next scheduled customer/session.

Please call within 24 hours if you are unable to honour the agreed upon appointment time. Any missed appointments, where the customer has not made contact with an Ariel Wellness representative, will be deemed a “no show” and forfeit any payments made for services, whether the payment was made directly, as part of a package deal, via gift voucher and or any other transaction made for payment, no matter who made the purchase.



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### **SAFETY AGREEMENT**

While every effort is made to protect the health and safety of customers using the facilities, it is expressly agreed that the use of facilities undertaken by a customer is at his/her own risk, and that Ariel Wellness shall not be liable for any claims, damages, actions (or causes of actions).

I have read and understood the above statements and agree to release Ariel Wellness from any liability and to comply with the rules of the float centre.

Customer details	
Full name	
ID Number	
Mobile number	
Date	
Signature	SIGNATURE